

# PITTSBURGH PIEROGI TRUCK

Net Wt.  
11.5oz  
(326g)

# BEEF PIEROGI



**INGREDIENTS:** Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Cooked Beef, Water, Beef Broth, Onion, Isolated Soy Protein, Cracker Meal (wheat flour), Salt, Liquid Whole Eggs, Egg Whites, Soybean Oil, Potato Starch, Garlic, Black Pepper, Paprika, Yeast, Ground Mustard, Rice Flour

**CONTAINS:** Egg, Wheat, and Soy

[PGHPIEROGITRUCK.COM](http://PGHPIEROGITRUCK.COM)

**COOKING INSTRUCTIONS:** For best quality, thaw pierogi before cooking. Preheat skillet.

Add 3 Tbs. of oil or butter and heat. Place pierogi in the skillet, do not overcrowd. Cook on low heat for 6 minutes, then for 2 minutes longer on medium heat. Keep covered. Turn occasionally. Cook thoroughly. Heat to a minimum internal temperature of 165 F.

Serve with sautéed onions, butter, and sour cream.

**KEEP REFRIGERATED OR FROZEN. THAW BEFORE PREPARING. DO NOT RE-FREEZE.**

## Nutrition Facts

About 4 servings per container

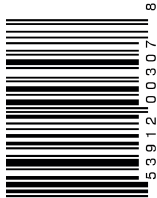
**Serving size 3oz  
(84g/about 3 Pierogi)**

**Amount per serving  
Calories 200**

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 15mg	5%
<b>Sodium</b> 480mg	21%
<b>Total Carbohydrate</b> 30g	11%
Dietary Fiber 1g	4%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 10g	
Vitamin D 0mcg 0% • Calcium 0mg 0%	
Iron 3mg 15% • Potassium 116mg 2%	

**Calories per gram:**

Fat 9 Carbohydrates 4 Protein 4



Manufactured For: Pittsburgh Pierogi Truck LLC, 4399 Leechburg Road, New Kensington, PA 15068