PITTSBURGH PIEROGI TRUCK

CABBAGE PIEROGI

Net Wt: 14oz (397g)

INGREDIENTS: Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Fresh Cabbage, Water, Onions, Soybean Oil, Liquid Whole Eggs, Egg Whites, Vegetable Seasonings (Salt, Sugar, Dehydrated Vegetables (Parsley, Celery, Garlic, Onion) Spices and Herbs), Salt, Pepper, Rice Flour.

CONTAINS: Egg, Wheat, Milk, and Soy

PGHPIEROGITRUCK.COM

COOKING INSTRUCTIONS: For best quality, thaw pierogi before cooking. Place in a skillet with melted butter and 3–4 tbsp. of water on low heat. Keep covered. Turn occasionally. Cook Thoroughly. Heat to a minimum internal temperature of 165° F.

Serve with sautéed onions, butter, sour cream, or bacon.

KEEP RERIGERATED OR FROZEN. THAW BEFORE PREPARING. DO NOT RE-FREEZE.

Nutrition Facts

Serving Size 3 Pierogi (99g)
Servings Per Container About 4
Calories 136 Calories from fat 36

*Percent Daily Values are based on a 2,000 calorie diet.

Amount Per Serving	% Daily Value*
Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 130mg	6%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	4%
Sugars 0g	
Protein 4g	

Vitamin A	4%	• **Vitamin C**	10%
Calcium	2%	• **Iron**	8%

8 53912 00306 1

Manufactured For: Pittsburgh Pierogi Truck LLC, 4399 Leechburg Road, New Kensington, PA 15068