



# PITTSBURGH PIEROGI TRUCK

# SAUERKRAUT PIEROGI

Net Wt: 14oz (397g)

**INGREDIENTS:** Enriched Wheat Flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), Sauerkraut (cabbage, water, salt, less than 1/10 of 1% of sodium benzoate and 1/50 of 1% sodium bisulfate added for color retention), Water, Onions, Soybean Oil, Whole Eggs, Egg Whites, Cracker Meal (wheat), Vegetable Seasoning (salt, sugar, dehydrated vegetables (parsley, celery, garlic and onion), spices, herbs), Salt, Potato Starch, Wheat Gluten, Pepper, Rice Flour.

**CONTAINS:** Wheat, Egg, and Soy.

  [PGHPIEROGITRUCK.COM](http://PGHPIEROGITRUCK.COM)

**COOKING INSTRUCTIONS:** For best quality, thaw pierogi before cooking. Place in a skillet with melted butter and 3-4 tbsp. of water on low heat. Keep covered. Turn occasionally. Cook Thoroughly. Heat to a minimum internal temperature of 165° F.

Serve with sautéed onions, butter, sour cream, or bacon.

**KEEP REFRIGERATED OR FROZEN. THAW BEFORE PREPARING. DO NOT RE-FREEZE.**

## Nutrition Facts

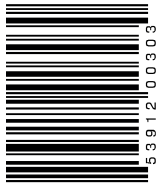
About 4.5 servings per container

**Serving size 3oz  
(84g/about 3 Pierogi)**

**Amount per serving  
Calories 160**

Amount Per Serving	% Daily Value*
<b>Total Fat</b> 2g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 5mg	2%
<b>Sodium</b> 570mg	25%
<b>Total Carbohydrate</b> 31g	11%
Dietary Fiber 2g	7%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 5g	

Vitamin D 0mg 0% • Calcium 0mg 0%  
Iron 2.3mg 15% • Potassium 110mg 2%



\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Manufactured For: Pittsburgh Pierogi Truck LLC, 4399 Leechburg Road, New Kensington, PA 15068